



SECONDARY THREE EXPERIENCE



Highlights for Sec 3 Students

Highlights for Sec 3

Start It Right! Programme (T1W0)



Highlights for Sec 3

Sec 3 Outdoor Adventure Camp (12 – 14 Feb)



Highlights for Sec 3

Sports Carnival (17 Apr)



Highlights for Sec 3

Learning Festival (T2W10 & T4W5)



Highlights for Sec 3

Sec 3 Internationalisation Trip (T2W10 or T4W7)



Highlights for Sec 3

NRIC Presentation Ceremony (Early Term 4)



2025 Start-It Right! Programme



2025 Start-It Right! Programme

- Set the overall tone and expectations for the school and individual levels
- Prepare students' mindsets to approach the year
- Develop good habits and routines and strengthen personal competencies
- Building good teacher-student and student-student relationships



Self and Time Management Workshop

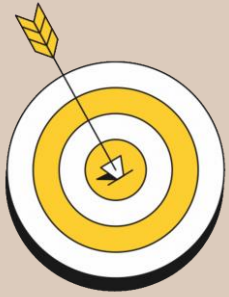
Equip students with the knowledge, understanding and strategies to manage time and stress effectively



Understanding AI and how it can be used to help in studying

Competencies:
Problem Solving, Self Reflection,
Communication Skills





SMART Goal Setting



Organized

Productive

Focused

Adventurous

Skilled

Knowledgeable

Experienced

Healthy

Happy


Goals can help you become more:

Think about the goal(s) you set last year. Jot down the goal(s) that you did achieve one more time. Why do you want to achieve the goal(s)? I want to achieve my goal(s) because _.


Start the year by setting positive & effective goals




SPECIFIC:
Define your goals in detail.
Tip: answer "W" questions (who, where, when, what, which)





MEASURABLE:
It means you can measure your goal and know when you have achieved it.
Tip: answer "how much" or "how many" questions





ACHIEVABLE:
It means you are setting goals that you can accomplish.




RELEVANT:
It means your goal makes sense, it is worth your effort, it benefits you and meets your needs.




TIME-BOUND:
It means there is a time frame for your goal. Tip: answer "when" questions (one week, every week...)

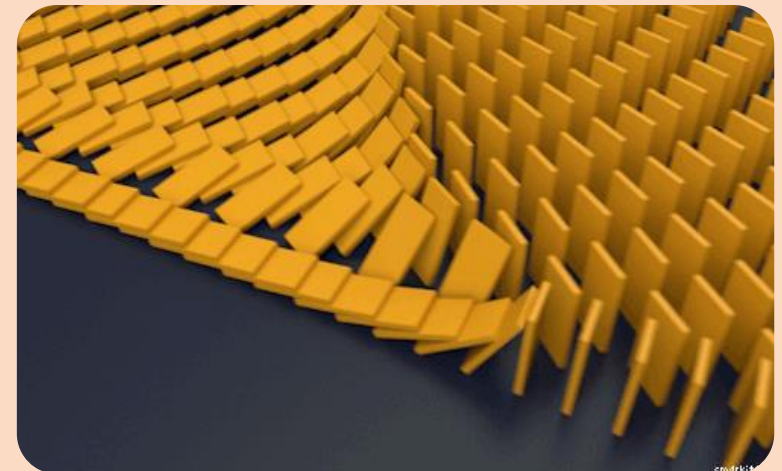
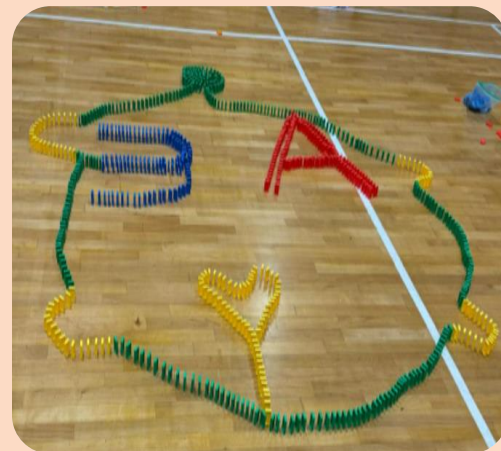


Domino Challenge

Students to form a domino structure that best represents them as a class.

Strengthens sense of belonging to the class

Competencies:
Adaptive & Inventive Thinking, Communication & Collaboration Skills



Domino Challenge





Tie Dye

Allow students to express their creativity and uniqueness

Competencies:
Critical & Inventive
Thinking



YOU ARE
Unique
YOU ARE
Amazing
YOU ARE
You

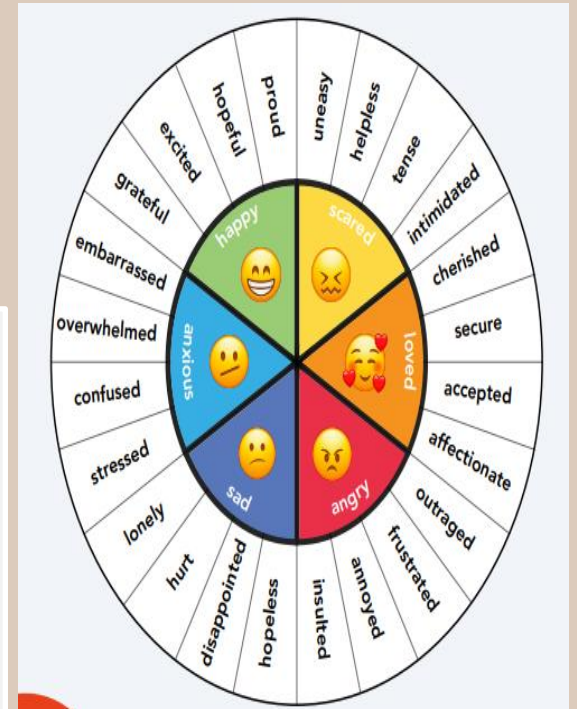
Transition From Lower Secondary To Upper Secondary



Subjects with increased academic rigour

New responsibilities

Social & emotional changes



Journeying Together with Your Child

When the going gets tough, you need someone to be there for you, to listen to you and understand you

Support & Encourage



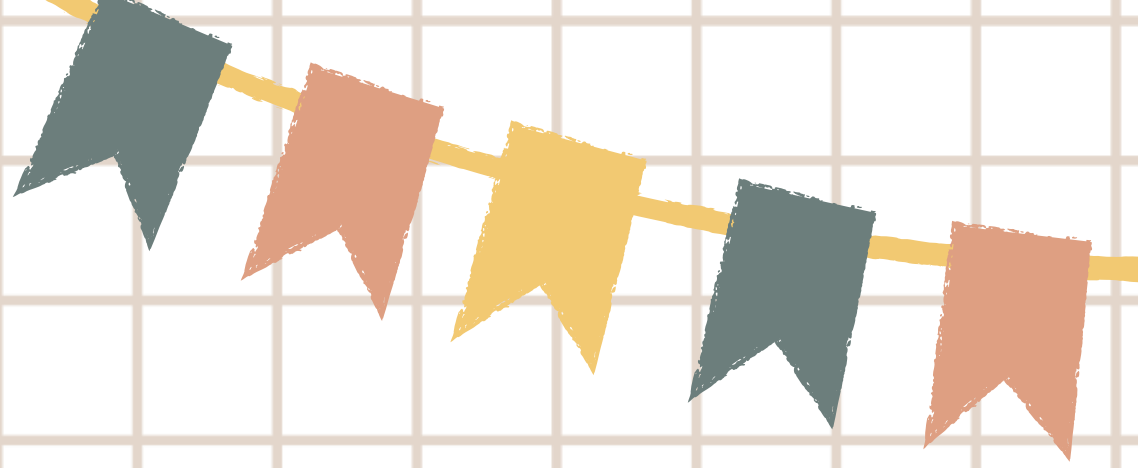
Spend Quality Time



Affirm



Remember, it is not about having a ready solution to every problem, but facing challenges **together** and **growing** through the experience.



thank  you